



# MENTAL HEALTH RESOURCES

## **Campus**

*Counseling/Art Therapy:* Eliza Combs, P (505) 424-5758;  
[eliza.combs@iaia.edu](mailto:eliza.combs@iaia.edu)

Mila Anguluan, P (505) 424-2385;  
[mila.anguluan@iaia.edu](mailto:mila.anguluan@iaia.edu)

*Prevention Program:* Toney Johnson, p (505) 424-5793;  
[toney.johnson@iaia.edu](mailto:toney.johnson@iaia.edu)

*Join the Tribe (AA) IAIA Hogan* 505.424.5758

## **Community Assistance**

*SF Indian Health Services (IHS)* 505.946.9283-[Visit Santa Fe IHS](#)

*Alcoholics Anonymous (AA)* 505.982.8932; Meeting times and places of AA, NA, Al-Anon and ACOA programs; AA Friendship Club 505.982.9040

*Santa Fe Recovery* 505.471.4985: Assistance with physiological and psychological detox symptoms from drugs and/or alcohol. SFRC is certified to treat opioid addictions with Suboxone.

\*EMERGENCY Services call 911

## **Online Resources**

[www.sober-solutions.com](http://www.sober-solutions.com) A free resource for people seeking a Detox Center in Santa Fe, New Mexico

[www.al-anon.org](http://www.al-anon.org) Al-Anon, for relatives and friends of people with Alcohol use disorder

[www.aa.org](http://www.aa.org) Alcoholics Anonymous

[www.alcoholrehabguide.org](http://www.alcoholrehabguide.org) Alcohol Rehab Guide

[www.ca.org](http://www.ca.org) Cocaine Anonymous

[www.NA.org](http://www.NA.org) Narcotics Anonymous

[www.samhsa.gov](http://www.samhsa.gov) Alcohol/Drug Information Referral



[www.recoveryresources.org](http://www.recoveryresources.org) For anxiety, depression or substance abuse/addiction concerns

[WeRNative.org](http://WeRNative.org) A comprehensive health resource for Native youth, by Native youth.

### **Suicide**

[LGBTQ+ Trevor Lifeline Project](#) 1-866-488-7386; Chat or TEXT “START” to 678678

[Trans Lifeline](#) 1-877-565-8860

[WeRNative.org](#) Suicide, Bullying, Love Your Life, I Am Strong, Story of Help & Hope

[Christus St. Vincent’s Hospital](#) 505.913.5540: ER Crisis Counselor-Suicide Assessment

[PMS Community Guidance Center](#) 505.986.9633: Counseling, case management, psychiatric care for children, adults and families.

[Crisis Response of Santa Fe](#) 505.820.6333-Hotline: 1-800-838-1752

[Tierra Nueva Counseling Center](#) 505.471.857

### **Hotlines**

*Solace Crisis Treatment Center* 1-800-721-7273 (24-hour Crisis Advocacy)

*Crystal Meth Anonymous* 1-213-488-4455

*Marijuana Addicts Anonymous* 1-212-459-4423

*Adult Children of Alcoholics* 1-562-595-7831

*New Mexico Crisis and Access Line* 1-855-622-7474

*Alcohol/Drug Information Referral help line* 1-800-662-HELP (4357)

1-800-SUICIDE

1-800-442-HOPE

1-800-273-TALK

FOR MORE INFORMATION CONTACT: PREVENTION @ (505) 424-5793