

I'm grateful to be alive and well. In 2017, I was diagnosed with an aggressive cancer. With treatment, there was a 25% chance of recurrence within 3 years and then again within 5 years. It's been almost 6 years since, and I'm still kicking. All of my checkups have given me a healthy diagnosis. I'm grateful to have a full head of hair. My treatment caused complete hair loss. Bald as a bean! It started growing back 2 weeks after my chemotherapy ended. At first, it had finger wave curls and was black. Then, it straightened out and turned brown as it grew longer. It could have not come back at all, or it could have come back with missing patches. I'm grateful for it being healthy enough to grow long and straight just like before.
I'm grateful for waking up this morning feeling strong & healthy. I'm always grateful that I have food available to me.
I am grateful for the sunshine on my face in the mornings and again after work. I am grateful for a delicious cup of tea to start my day.
Today I am extremely grateful for my children. I am also very grateful for my siblings.
I am most grateful for, and love, my daughter immensely. I am grateful for having met my wife and love her dearly.
Grateful for having a reason to smile everyday. Grateful for my good health.
I am grateful for my IAIA staff discount at the Campus Bookstore because I just bought a new cute shirt. I'm grateful for my friend Ry as we are both navigating complicated situations in life.
I am grateful for waking up, taking a breath, and safely getting up and out of bed. I am grateful for Ohori's East Timor coffee.
I'm grateful for moisture in the air this morning. I'm grateful for my family here in New Mexico.
I am grateful for my team of staff here at IAIA, they work very hard to keep our department running smoothly even when times get tough. I couldn't do what I do without them. I am grateful that I get to be surrounded by young artists, their creative mindsets and deep thinking keep sparking me with inspiration nearly every day.
I am grateful for the health and well-being of my husband, mom, children, grandkids and extended family members. As my mom gets older, I appreciate the time we have together with her and as a family. I'm so fortunate to be part of an amazing support system within my family, one that shows unconditional love for all. I appreciate my friends and their significance in my life. They're also an important part of my support system with their encouragement and unconditional support as I continue to grow personally and professionally.
I am grateful for all this wonderful moisture we are receiving today. I am grateful for my parents and all the wisdom I received from them.
I am grateful for my cat, and for the ever-changing seasonal flavored coffees.
I am grateful for delicious multigrain bagels to jumpstart my day. I am grateful for the kindness of strangers.
I am grateful for the charmed life of incredible opportunity that I lived as a young child, woman and mother. My family was able to expose me to European travel, Long Island living, moving to Florida before development, an incredible undergraduate education in the time of protest, and a pampered lifestyle. All of which taught me that as nice as it was, none of it was essential to my happiness or wellbeing. I am grateful for moving to Santa Fe. Different yet familiar, artsy yet earthy, living here allowed me to find my particular passion and style that sustains me today. Not to mention that there is tons more sunshine than there ever was in NJ.
I'm grateful today for it being payday and am grateful for the Cheer Club for today's Pep Rally!
I am grateful for my family in Arizona. I am grateful for still being able to run.
I am grateful for my dog and best friend Marble. He gives the best hugs and cuddles. I am grateful for my co-workers (Jessie, Mattie, Mary and Dina). They are a supportive group!
I am grateful for my job at IAIA. I am grateful for all my amazing co-workers.
I am grateful for a wonderful husband and partner in life. He is my best friend and we support each other in our work. The work I do here at IAIA could not be possible without his love and support.
I am grateful for having created a blended family successfully. In 1989, we were a family of 7 with 5 yours-mine-ours kids. I cared for 4 teens and a baby. It was an almost impossible task, but with lots of tough love and ups/downs I finally was able to get these young people to regard themselves as siblings. Today, they care for one another in active ways remembering holidays and birthdays, career successes and health issues. They even help one another move house. I am grateful for my education/job here at IAIA. Starting over at 59 isn't easy but I approached it as a grand adventure. I lived on campus for my first year and enjoyed the luxury of being right on the spot for all that was happening. My fellow students and faculty were kind beyond measure when they didn't have to be. It was just what I needed and completely changed my life. I consider myself lucky to be here still.
Today, I am grateful for clear skies and warm weather. I am grateful for two wheels, balance, and Motorrad.
I'm grateful for my friend who was kind enough to take me to my medical appointment, as well as the wild birds who come to visit my bird feeder.
I am grateful for being on a date with my wife at Pantry Dos. I am grateful for not having a headache.
Sunday, I am grateful for Sunday, my favorite day. I am grateful for having two people in my life, my long-time friends Edward and Greg.
I am grateful for getting help with changing my flat tire. I am grateful for breakfast this morning.
Today I am grateful for fresh air. I am also grateful for clean water.

I am grateful for my amazing coworkers. I am grateful for warmer spring weather without too much wind.
I am grateful for my job with a great boss and president. I am grateful for the nice weather today.
The so grateful for a wonderful the students, staff and faculty that helped and participated with AIHEC! It was a great event for all!
I am grateful to work with people who are kind and supportive. After living in southern NM for 30+ years, I am grateful to have been given the opportunity to live in northern NM.
I am grateful for my housemate Diana who keeps me laughing. I am grateful that I get to go on a work trip to Seattle this week.
I am grateful for my ability to knit. I just love the feel of the yarn and the needles in my hand. I use wool, so there is a wonderful smell as well. I am grateful for my grandchildren (9) and great-grandchildren (2). I have 4 who live here in Santa Fe. I have them over for a visit almost every other weekend. We do crafts and bake and talk. Actually, they have lots to tell me, so I do a lot of listening. We have a great time. Unfortunately, I see my other grands and greats infrequently but we so the same things. I bring a bag of goodies each time I visit.
I am grateful that I still have my Dad in my life. I am grateful to be employed at the Institute of American Indian Arts, and I am also grateful for my role and position.
Today I am grateful for having a home to live in. I am very grateful for my pets.
I am grateful for the beauty of the mountains surrounding us, which I can look to for inspiration at any time of the day. And I am grateful for the many walking trails around Santa Fe, which are so varied and fun to explore.
I am grateful for a good night's sleep without taking melatonin. I am grateful for fresh bananas from the store.
I am grateful that I was able to receive a good education that has allowed me to have a fulfilling career. I am grateful for my ability to live a relatively simple life.
I am thankful for friends here at IAIA, this morning was a great example. I am thankful for the doctors in my life.
I am grateful for my sharp sense of color. I have always been able to see colors vividly. Some have warm bases, and some are cool. Some are clear, and some are cloudy. Being able to detect the differences was of tremendous value when I worked as an interior designer. I could say with great confidence that one shade of a color was appropriate for large areas and a slightly darker or lighter shade was not. It contributed greatly to my success in that profession. It also helped me when I was taking my Museum Studies classes at IAIA. I am grateful for having been a New Yorker. Born in the suburbs of NYC, I lived for 14 years with the sights, sounds and swagger of living in New York. I was proud to come from such a diverse city that understood what it meant being born into a cultural identity. As a college student, I attended a school in Upstate NY and spent most of my weekends in the City. Museums, libraries, galleries, antique shops were my favorite hangouts with a mix of the best restaurants available. As a newly married 20-year-old, I spent many days running all over the city to cultural and shopping stores. It was heavenly.
I'm grateful my partner and our dog !
I'm grateful for my dog who keeps me moving. I'm grateful for free sewing classes.
I am grateful I love cottage cheese w/ bananas. I am grateful I have a job.
Today I am grateful for blue corn mornings at IAIA. I am especially grateful for weekends.
I am grateful for the week I spent in Kentucky at a Tambour Beading workshop. As a young woman, my grandmother spoke about making beaded collars for her dresses with a tambour hook. She was never able to teach me, so after she died I googled it and found a teacher. As I sat in the class, I could almost feel my grandmother looking over my shoulder. I love to read. As a child, it was my comfort and refuge. As a college student, it helped me keep on top with my classes. As an elder, I find myself re-reading the old children's books I remember hearing or reading in abridged form back then. Did you know that Gulliver traveled beyond Lilliput to a land of giants ? Always enamored with fables, myths, and fairy tales, I find that I love them even more now.
I am grateful that I live in a mostly safe America instead of Mexico with a corrupt government and evil cartels. I am grateful for a yummy gifted K-Cup this morning.
I'm grateful for the artists and writers who share their vision with the world and enrich our lives. I also greatly appreciate the scientists who strive to help others with their work.
The exhaustion from AIHEC is overwhelming. I am so grateful my hip has not disconnected again. And I am so grateful that my colleague, Jonah, was able to persevere. It was a physical workout these past three days. Amen!
I am grateful for wonderful students that give me the opportunity to help them through challenges and who also share their accomplishments. I am grateful to be apart of their growth.
Today, I am grateful for apples (the fruit). I love me some apples. I am grateful for Apple's iMessaging system which allows me to communicate with my daughter who is 1,323 miles away.
I am grateful to finally be able to call myself a college graduate, and I am grateful that I had professor's and family members to help me through that journey.
I am grateful to live another day to be grateful. Our cats, Ash, Obi, Mae Mae, and Grenni, I am grateful that they're in our lives today.
I'm grateful for the running trail on campus. I'm grateful for two new tires.

I give gratitude to the hands that prepare the Blue Corn Mush for midterms. It rejuvenates my sole and restores my balance.
Today I am grateful for Technology. I am also grateful for Art.
I am grateful for NutPods coconut creamer. I am grateful for window and doors that seal well and keep the juniper pollen out.
I am grateful for our student Julianne for helping me set up the booth at AWP. And I'm grateful for my Starbucks today!
I am grateful for my husband. He has been a steadying factor in my life keeping me grounded when I got carried away. When I was sick, he took incredible care of me cooking and guarding me from accidents. I know that I would have died without his attention and love. am grateful to have been born in the Spring (March 12). It is my favorite time of year marked by rebirth and renewal. It gives me hope for more tomorrows filled with happiness and joy.
I am grateful for the new water bottle that will hopefully inspire me to be even more hydrated. Also, I'm glad there are snacks waiting for me at home, since I'm getting hungry.
I'm grateful for blue corn mornings during mid-terms. I'm grateful for my glasses to help me see better.
As today is my birthday, I am grateful for being conceived in the Summer of '69. I grateful to be surrounded by loving, thoughtful, kind, generous, smart, and healthy friends and family.
I am grateful for our students' help at the AWP Booth, in particular, Michael Howling Wolf who keeps us entertained! I am grateful for my new yoga mat so I can stretch out after a long day.
I am grateful for my family. They give me love and support in all the things that I plan to accomplish. They are my strength.
I'm grateful for a new day, it's an opportunity to start fresh and get things done right. (Super cheesy lol, but true!) I'm grateful for the challenge to reflect on gratitude--sometimes that is so hard to do when we get wrapped up in the daily churn. Reflecting is a chance to slow down for a bit, to ground ourselves back in reality, to have the "this too shall pass" moment we all need. (I should get a fondue pot for all this cheese.)
I am grateful for good health. I am also grateful for healthy food.
I am grateful for the team I have. They work hard to help students during difficult times and at times it can be exhausting, but they still smile and are happy to help.
I am grateful for four Fridays every month! I am grateful for sweet pineapple cubes!
This day I give thanks that myself and all the students who got food poisoning at AIHEC are finally feeling a little better. I am thankful IAIA won so many accolades and that their many gifts were shared with so many wonderful TCU's.
I am grateful for my new old car. When I got my job here at IAIA, I needed a car of my own. Previously, my husband and I shared a car because we were at home from the pandemic. In 5 days, my son-in-law found exactly what I wanted for an incredibly low price with very low mileage. It was a dream come true. I am grateful for Mayo Clinic Breast Institute in Phoenix, AZ. When I was diagnosed in 2017, I explored the oncology options here in Santa Fe. They were less than stellar. Then, I went to Mayo for a second opinion. The doctor answered all 20 of my questions (Literally, I had 20 questions.). It took over an hour. Then, he took us to the treatment suite. It looked like we should have been getting manicures and pedicures instead of toxic drugs. With their expertise, research, and kind ministrations, I am alive and thriving today. It was an amazing experience even when it was awful.
I am grateful for Saturdays. I am grateful for our nature pets—bobcats, coyotes, badgers, feral cats, and bunnies—who visit our property on a regular basis.
I am grateful that I have Harry Gamboa, my mother's childhood friend, still in my life. I am grateful for clean fresh drinking water.
I'm grateful for making it home from my long trip. I'm grateful for spring break.
I am grateful for the cafe being open during spring break, even though the hours are limited.I am grateful for the care that our Board of Trustees have for the college.
Today I am grateful for my education. I am also grateful for amazing friends.
Thank grateful for the custodial staff. They keep our campus clean and are always so helpful and supportive.
I am grateful for the rain, though it isn't always convenient. I am grateful for the time I have with my son.
I am grateful for the New Mexico sunshine. Before moving here, I lived in NJ, where almost every day year-round is cloudy and grey no matter the time of the year. I am grateful for the numerous people who sent me a birthday wish yesterday. Everyone remembered me with texts, ecards, calls or emails. It was lovely.
Gratitude today: March 13th I got out of the hospital from testing and I was cleared for the first medical challenge...a fixable infection, albeit, a painful one. Then, there's the fact I was able to eat this evening!! Woohoo! What a treat! I am so grateful to Creator for allowing me to put some solid food into my stomach~
I am grateful for goose feather down pillows. I am grateful for a good night's sleep.
I'm grateful for moisture in the air today. I'm grateful for having a job.
Today I am grateful for transportation. I am grateful for music I can listen to when driving.

I am grateful for a wonderful staff/team. They work hard and are always willing to help out the team when needed.
I am grateful to be able to get together with friends on the weekends. I am grateful for my legs, that carry me on walks and make me healthier.
I am grateful for choice—choice to make choices for self-help, self-preservation, and the health and wellbeing of the ones I love. I am grateful for my cognitive ability.
I'm grateful for getting to work this morning (crazy drivers on the road). I'm grateful for my small heater.
Grateful for the time change, so I'm not getting home at dark-thirty. Grateful for raising an independent and responsible daughter.
I am grateful to have gone to AWP because it was fun and I saw a friend from college! However, I am grateful to be back home in peaceful Santa Fe now.
Today I am grateful for mother nature. I am also grateful for books to read.
I am very gray for our student workers. They help us out so much with office items, giving tours and helping us. Thank you!!
Wow. Day of extremes...but I'm so thankful for the positives: Spent day with my eldest daughter and all her children and my great grandchildren singing, laughing...wonderful And thanks & gratitude my momma didn't have to go to hospital. Amen.
Honestly, I am grateful for Host Defenses' Lion's Mane mushroom supplements—it's super food for brain function. I am grateful for stereoscopic three-dimensional viewing during my waking hours.
I'm grateful for my chihuahua, zigs. I'm grateful for all the wonderful books in the IAIA Library.
I am grateful for the lovely rain on my land that will give me a bounty of raspberries this summer. I am grateful for internet.
Today I am grateful for the rain. I am also grateful to have oxygen.
I'm grateful for my art supplies, and for the noise cancelling headphones that help me to focus.
I am grateful for my parent's insistence I and my five siblings get a higher education -- something my mother said "no one can take it away from you. While it may sound harsh, I am grateful that my mother regularly said she wanted degrees on the wall not pictures of grandchildren. That said, she embraced her grandchildren warmly.
I am grateful for the kindness of strangers. When I was in Phoenix undergoing cancer treatment, I often found complete strangers offering me random acts of kindness. In order to maintain my immunity, I wore a mask whenever I went out. This was years before Covid, and I was conspicuous in doing so. People held open doors, smiled, gave me thumbs up. One woman say the miraculous medal that I wear and said that she would pray for me. But, the most dramatic act was a supermarket employee who purchased a bouquet of flowers with her own money to give to my husband to pass on to me. In the midst of all my worry and sorrow, there was incredible kindness. I am grateful for you, the HR department, that engages us in such thoughtful and fun exercises such as this.
I am hopeful that I am going to be grateful for a good night's sleep later this evening. I know that I am going to be grateful for grain, hops, yeast, and water, later this afternoon.
I am grateful for today's snow day! And to spend time inside a warm, dry home.
Today I am grateful for snow days. I am also grateful for my cultural.
I am grateful to have a very warm coat and gloves on such a snowy day. I am grateful to finally live in a place with four seasons.
I am grateful for plants. They can teach us how to listen to our bodies and minds, how to pay attention to our needs. How to care for ourselves so we can continue to grow. They bring beauty and life back into our concrete lives while asking so little of us in return. Podcasts. While acknowledging all the negative aspects of podcast culture, I'm grateful mainly for the nerds who share the bobbles that make their brains hum happily, and the science communicators who break down jargon and help us laypeople find wonder in everything around us.
Although my mother's kidneys are still in failure status she is still filtering. That equates to hope. My beautiful grandson is with me tonight. He is my special young man learning the sacred songs and attending the sweat lodge.
I am grateful for a fully stocked frig. I am grateful for the unconditional love my cat has for me and my family.
I want to thank God for the moisture that has come in the last few weeks. I also want to acknowledge and thank the people who come in early and clean our offices, open areas and studios.
I'm grateful for a roof over my head. I'm grateful for a friend buying me mango strips.
I am grateful to spend the first day of spring with my Granddaughter, even if it is snowing! I am grateful that GCCC has an ice skating rink!
I am grateful for where we live! It is a beautiful city with access to a lot of wonderful outdoor activities. I am grateful for my family and the support they give.
Today I am grateful for choices. I am also grateful for challenges.
I am grateful that I have a job at a nice place. I am grateful for the late season snow storms.

I am grateful for YouTube. I love to watch old movies, and YT has loads that have been uploaded by other old movie lovers. I pay to have the advertising removed, which makes for a much more pleasant experience. I am grateful for Baskin Robbins Jamoca Almond Fudge ice cream. It's so delicious and, thankfully, was one of the few things I could eat without feeling nauseous while in treatment at Mayo.
I'm grateful for the IAIA Honey bees. I'm grateful for students attending IAIA.
I am grateful for the kindness of strangers who helped me out last weekend. I am grateful that I can still laugh at silly situations
Today I am grateful for our beautiful Sunrises in NM. I am also grateful for our breathtaking Sunsets in NM.
I am grateful for my work. It keeps me grounded and focused outside myself. I am grateful for the seasons that keep things interesting.
I am grateful for the good weather I had on my hike on Sunday. But I am also grateful for this continued snowfall to replenish our water sources.
I am grateful for Spring finally arriving. I am grateful for bottled soup!
Somedays, a thin veil or cloud exists between me and what I am grateful for—today is one of those days. I am grateful that I can ponder what I should be grateful for.
I am grateful for flowers in the Spring. Pansies are my favorites followed by hyacinths, parrot tulips, blue iris, and cyclamen. Pretty flowers and sweet scents. I am grateful for new tires on my car. They are all season tires that have deep tread that will grip the road in rain or snow. Now, the nasty weather won't terrify me and force me to drive home in 1st and 2nd gear.
I'm grateful for free coffee on Monday mornings in the IAIA Library. I'm grateful for a bagel this morning.
Today I am grateful for time. I am especially grateful for mobile phones.
I am grateful to be alive. I think being alive on this wonderful planet is a privilege. I am grateful to have enough money that I don't worry about feeding myself or my family.
I am grateful for the recent rains to replenish the earth. I am grateful for the opportunity to serve.
Grateful for the moisture we received the last couple of days. Grateful for being provided a free meal at today's Community Gathering.
I am grateful for our yummy community lunch today - great to hear about all the AIHEC wins! And I am grateful to now be able to enroll in the IAIA retirement plan.
Grateful my dog feels better and was able to get into a vet on short notice. For the wonderful student community gathering to celebrate their successes.
I am grateful for fisheys—I love fresh cooked salmon. I am grateful for a calm and peaceful evening.
I am grateful for my Cousin Rosemary. Born in the same year, we became close only in our 30s to find that our lives were intertwined in ways we hadn't realized. In our 40s, we would go to spirituality workshops in Hawaii. We became really close then. She knows when I need help and gives me her "knowings," no matter how far out. I am grateful for the English writers: Austen and Bronte, George Sand and Virginia Woolf, Dickens, Forster, Tolkien and C. S. Lewis. Such great stories with such beautiful language!
Sinbad brought joy to my heart. Momma has been placed in a fine Physical therapy center for a couple of weeks. Amen.
I'm grateful for dog sitters. I'm grateful for my cell phone.
Today I am grateful for mountains. I am also grateful for wildlife animals.
I am grateful for people who push me outside of my comfort zone. I am grateful for adventures
I am grateful for Easter bunnies and colored eggs. I love eggs. I have quite a collection of decorative eggs in ceramic, wood, glass, and real eggshell. I love the ideas of rebirth and renewal that the eggs represent. I am grateful for Good Friday. It is my favorite holiday. Weird, right? To love the day of crucifixion! But, in the Roman Catholic Church, it encompasses the most powerful emotions. Actually, the entire expanse of Holy Week is a wonderful roller coaster of emotions. Holy Thursday starts with anxious consideration of the sorrow that is to come on Good Friday. The grief continues through Holy Saturday, only to be turned into the joy of Easter Sunday. My first year here in SF I went to services in the Cathedral. A woman was singing Mater Dolorosa. Her voice caught as she sang, and the emotion went through the roof. She was the Mother whose Son had been killed on the cross. I wept.
I am grateful for my garden, which keeps me grounded in the present and the flow of the seasons. I am grateful for my pets, who add warmth and surprise to my life.
I am grateful for the companies that mail live trees and looking forward to lemons and limes this summer. I am grateful for my kind husband and how sweet he is with Lola, our rascally German shepherd mix.
Today I am grateful for love. I am also grateful for laughter.
I am grateful for this slow Friday to catch up on work. I am grateful for the chance to buy tickets to the Natalia Lafourcade concert in August!!
I am grateful to have enjoyed a Poetry Weekend with Luci Tapahonso and fellow writers. I am grateful my husband likes to cook and clean the kitchen, and does both well.

I'm grateful for my coffee pot. I'm grateful for brand new tires for my vehicle.
Today I am grateful for Teachers. I am also grateful for receiving gifts.
I am grateful for laughter. I am grateful that allergies are not a “thing” today.
I am grateful for my house. It shelters me. I am grateful for the ability to eat so many delicious and diverse foods.
I am grateful for my beautiful friends, Kay and Gina, without them the world would be a darker place. I am grateful for my health, #screwyoucancer!
Today I am grateful to have legs to walk. I am also grateful to have hands.
I'm grateful for my warm jacket this morning. I'm grateful for the Library work study students.
I am grateful for what moments and time I get to spend with loved ones and family. They can be difficult to come across when far from them, but when they come it helps recenter and remind me of all that I value in life. Along with family I am also grateful for the amazing food I've been taught to cook and share with all when we come together. There isn't a time when family gather that doesn't involve everyone cooking, singing and dancing. It's always a huge celebration no matter how small anyone tries to make it.
I am grateful for my job at IAIA. I am grateful to be able to see all the beautiful artwork in Santa Fe.
I am grateful for sick days and the chance to recover at home. I am grateful to my friend Tracy for giving me Zinc supplements that have been helping a lot!
I am grateful for Taco Tuesday. I am grateful for random phone calls from my daughter.
I'm grateful for my eye glasses. I'm grateful for having a job.
I am grateful to be moving into my new home in the woods this weekend. I am grateful for new adventures in my life.
I am grateful for organized sports for kids and the volunteers who keep them running. A few people do almost all the work to give our kids a healthy outlet. I am grateful for my son's perspective on the world. Seeing the world through the eyes of my son and his friends is fun and refreshing.
I am grateful for my community and culture. They have grounded me in daily life teachings, in leadership and have given me balance in life.
I am grateful that the wind is not blowing yet today and it is supposed to be the warmest day so far in the year! I am grateful for my wonderful co-workers, colleagues, compadres, and boss.
Today I am grateful for NM green chili. I am also grateful for warm delicious oven bread.
I am grateful that my relationship with my younger brother has improved recently. My brother is 3.5 years younger than I. When he was born, I remember clearly thinking how unnecessary he was. Weren't we happy without him? To say the least, I wasn't a happy camper. I guess with that attitude things got progressively worse. His greatest pleasure was to torment me in all kinds of little ways. It wasn't good for either of us. Then, this year, he had an epiphany and changed. I know that since being in treatment for cancer I had changed dramatically already. So, now we can talk on the phone without blow ups. He sends me his writings, which I think are really good, and send him my heartfelt thanks. It's nice. I am grateful for the few friends in my life who really listen to what I think and say. Greg, in particular, remembers these bon mots for years and reminds me of them at just the right moment. It's a sweet thing that he remembers at all.
I am grateful for blue rollerball pens and fine paper. I am grateful for a steady hand.
I am grateful for the beautiful spring weather today. I am grateful for technology, which allows me to type this message.
I am grateful for my dog's improved health and finding a great vet for her. I am grateful for ANOTHER nice day. Before the wind starts blowing!
Today I am grateful for Literacy. I am also grateful for Diversity.
I'm grateful for my insurance. I'm grateful for our wonderful IAIA administrators, staff/faculty.
I'm grateful for the hilarious people I work with including our HR Director. I'm grateful for humor and laughter. There's nothing better than walking through the halls and hearing someone laugh. I'm grateful that live music can be enjoyed in-person again.
I am grateful for the technology that allows us to keep in touch with family and friends who are far from us. I am grateful for coffee.
I am grateful to have wished my grandma a Happy 101st Birthday yesterday. And I am grateful to wish my niece a happy birthday today!
I am grateful for my community at IAIA (love this place). I am grateful for my husband.
I am grateful to be alive and in good health. I am grateful that I have capacity to love—the single most important thing to be grateful for.
I'm grateful for all the ceremonial dances in Arizona and New Mexico. I'm grateful for holidays.
I am grateful for the spring. I am grateful for my friends.

I am grateful for the extra days of IAIA closure at Christmas. It makes the 21 days of vacation go a lot farther. I am grateful that this challenge is over. It was about a week too long.
Today I am grateful for colors. I am also grateful for artists.
I am grateful for laughing with one of my neighbors. I am grateful to see the tumbleweeds rolling on the road.
I am grateful that we have a fuller house due to dogsitting. I am grateful for this payday.
I am grateful that our cool HR Director does fun challenges and keeps us engaged. I am grateful that it's FRIDAY!!!!!!
I am grateful that I grew up listening to 70s British glam rock bands. I am grateful for Van Halen, especially Eddie Vedder's amazing guitar skills.
I am grateful that I am still alive. 2nd. iam grateful to have a job.
Today is Tuesday-I think. I am grateful for this sunshine that bathes me in hope. Praise be to the highest! I'm no longer in the hospital.
Today, March 1st, I'm grateful for a new month headed into Spring.
I'm grateful for my family. I'm grateful to be living in this city of Santa Fe where the weather is better than almost anywhere else I can think of.
I am grateful to be in life. I am grateful that my GOD loves me!
I am grateful to the Chihuly Foundation for funding a full 4-year scholarship (tuition, room and board, conferences, and more) that awards innovation and can be used to recruit a talented Indigenous student.
Second try, my first try I was only grateful for the month, LOL. On this Wednesday, March 1st, I'm grateful for a new month and for taking a step into the Native American Studies Associates degree program.
I am grateful for co-workers buying me lunch and also grateful for snow days at work.
I am grateful for our students' perseverance, and our staff members' support
Today (Wednesday, March 1) I am grateful that it was a beautiful morning drive to campus, and that the Provost and I had a really great meeting with work colleagues to exemplify the incredible work we are doing with our programming! Felt really good meeting new people and welcoming them to campus!
I am grateful for the last pieces of pinon I squandered because it is still cold here in Santa Fe and I was able to make a fire! I am grateful for warmer longer days ahead and remarkable students who continue to enrich my life.
This day has been hard, but I am so blessed. The bad energy I did not even know was surrounding me was thwarted by wonderful students. IAIA Perf Arts as a family protected me with prayer and insight. And then my gratitude shifted to the amazing AIHEC one-acts that the students are rehearsing, directing and writing. What an inspiration.
Today I am grateful that for the weekend ahead to catch up my work and help prepare students for midterms. I am grateful to BONE BROTH that has helped me get stronger since COVID in DECEMBER and keeps my protein levels sufficient. Every day I am super grateful that the person I intended to share my life with is no longer here in this space, making me feel sad and inadequate.
I am grateful to have grown-up in a large loving family. I am grateful to be able to help my granddaughter with her math homework on most school nights.
I am thankful for having God in my Life. I need his word and guidance everyday. I am thankful for the famiy I have that lift me up and keep my spirits up.
Grateful for light snow and good coffee.
Today, March 2nd, I'm grateful for the birth of my now 33year old daughter, Crystal; and I am grateful for the moisture on our lands today.
I am grateful for my Faith & Family.
I am thankful for my kids and Thier kind hearts.I am thankful for my supportive and loving parents.
I am grateful for the lesson my father taught me on how to find humor in almost any situation and laugh away stress. I took a walk last night and stopped to look up. I'm grateful I could see the night sky and the stars. What a beautiful sight.
I am grateful for my job here at IAIA. I am also grateful to have my health. Although it's been a struggle this past year, I'm still alive and fully functional, so I'm very thankful for that.
Today I am grateful for umbrellas as well as free hot coffee!
I am grateful for my mom. I am grateful for my morning ginger tea.
I am grateful for my awesome wife who loves and support me unconditionally! I am grateful for IAIA, the students, staff, faculty. They are the reason I come to work everyday with a smile and gratitude!
While there are MANY people and things for which I am grateful and I will list throughout this month, I will start by saying that I am quite grateful for my very good health, strong genes, and able body!